



Listuguj Wi'gation

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Listuguj, Gespe'gewa'gi, Mi'gma'gi

LISTUGUJ POLICE DEPARTMENT'S DISPATCHERS - PRIORITIZING COMMUNITY SAFETY

By Ann Marie Jacques

The Listuguj Police Department (LPD) oversees all aspects of public safety in the community, and one of the major resources used is the Police Dispatch Program.

Currently at LPD, there are six trained dispatchers who are available to provide emergency assistance 24/7 in Listuguj. These dispatchers answer calls and send the proper emergency teams to respond to the situations. They monitor and record the whereabouts of police officers, to ensure there is always help available for every call that comes in.

The dispatchers are trained to answer calls and remain calm under high stress situations. Their role requires quick thinking and the ability to multi-task using dispatching equipment and tools and provide basic emergency help before responders arrive on scene.

Abby Metallic is a dispatcher with the LPD and engages in public relations work as needed for the past four years. She highlighted how working in this field is very rewarding and said, "Having a connection with my community, I have the opportunity to make a positive difference by providing assistance during critical situations. Helping people in their times of need can be emotionally rewarding, giving you a sense of purpose." She has also had the opportunity to assist in the training of new dispatchers in the community over the years. She spoke about the importance of teamwork and camaraderie when it comes to working closely with law enforcement officers and other emergency responders.

The LPD developed an updated Police Dispatch Program in Summer 2021. Before this program was put into place, LPD officers answered calls directly over the radio and then responded, which was not typically an ideal process. Constable Jesse Doiron assisted with the development of the program. He worked as a 911 PSAP (Public Safety Answering Point) Operator prior to his career in policing. Doiron said, "Drawing from that experience, I applied my knowledge to help develop a dispatch system tailored to LPD's needs. This program allows dispatchers to log calls and track officer activity throughout their shifts. Additionally, I helped ensure that our new dispatchers were trained internally. Now I'm in the process of building an updated version of the system to enhance its capabilities even further."

Listuguj community members have two options when they require emergency services. They can call the LPD emergency phone number: **418-788-2003**, or **911**. Calling the emergency line ensures that individuals will speak with an LPD dispatcher, rather than a 911 dispatcher in Quebec beforehand. Ultimately every call will end with an LPD dispatcher no matter which number you call, and they will assist accordingly. Calling the emergency line may also shave off time in the event of a critical situation.

Doiron said, "I also want to remind the public, that even though dispatchers may ask questions during an emergency, help is already on the way. Their role is to gather crucial details to ensure the right resources are sent as quickly and efficiently as possible."

In early February, LPD rolled out an anonymous Drug and Crime Tip Line. Some examples of situations for the tip line include drug activity, theft, missing persons and crimes against a person. Call or text **506-987-3654** or email **lpd.tips@listuguj.ca**. Please note that all calls, texts and emails will remain anonymous. The LPD would like to stress that this tip line is NOT designated for emergencies, and to please continue to use the LPD Emergency line and 911 for all emergency calls.

If you are interested in becoming a dispatcher with the Listuguj Police Department, please contact **LMGjobs@listuguj.ca**.

Thank you to the LPD dispatchers for the hard work they do in the community.

HEALTHY CHOICE HEALTHY COMMUNITY HOW TO LEAD HEALTHIER LIFESTYLES FREE FROM ADDICTION

By Ann Marie Jacques

Michael Martin is a knowledge keeper and addictions counselor for the Listuguj Community Social Services Directorate. He offers a variety of teachings in the community, but one of his most recent undertakings is the Healthy Choice Healthy Community Lunch and Learn event.

This is a partnered event with Listuguj Community Social Services, the Listuguj Police Department and Listuguj Community Health Services. It explores healthy options and addiction free lifestyles, with open discussions about trauma, culture, and resources. Each event consists of a session with several discussion topics. Some of these topics include:

- Triggers, cravings, and avoiding relapses
- Stress and emotional well-being
- Effects of substance use on mental health
- Family Matters

On January 30th, the topics of discussion were “Anger and Communication” and “Negative Emotions.” Martin led the event and said, “I can deliver this session effectively because of my life experience, schooling and training.” Discussions were held about understanding emotions, intergenerational trauma, and vulnerability in the community.

These events are designed to help individuals understand and learn about addictions, and the impact they have on the community. It’s a safe space to share feelings, advice and resources. “Every individual has something to share that can help the next person,” said Martin.

Healthy Choice Healthy Community events are posted on the Listuguj Mi’gmaq Government’s Facebook page, and are held at Listuguj Community Social Services on 2 Gef St. They are open to everyone, and lunch is served. Suggestions for communication and upcoming topics are always welcome.

For more information, contact Michael Martin at **418-788-3039**, or michael.martin@listuguj.ca.



**HEALTHY CHOICE
HEALTHY
COMMUNITY**

LCSSD, LPD and Health Services are thrilled to invite you to join us in a series of engaging lunch and learn sessions. Together we will explore how to lead healthier lifestyles free from addictions

CONTACT US:
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MADD PRESENTATION AT ALAQSITE’W GITPU SCHOOL

By Ann Marie Jacques

On January 31st, MADD Canada – Mothers Against Drunk Driving, held a school program at Alaqsite’w Gitpu School for the grade 7 and 8 classes.

The presentation was done by Maxime Rurangwa and highlighted the dangers of impaired driving. The presentation began with a short video, followed by a quiz that the students took part in, and ended with emotional testimonies from real families in Canada who lost loved ones due to impaired driving.

Madd Canada’s mission is to stop impaired driving and to support victims of this violent crime.

According to the Criminal Code of Canada, Impaired Driving is: Driving while under the influence of alcohol and/or drugs.

A few key points and statistics from the presentation:

- Impaired driving remains the single most important factor contributing to serious road crashes.
- More than 50% of all crashes amongst youth ages 15 to 24 involve alcohol and/or drugs.
- Individuals can be charged while driving an ATV, snowmobile, boat, farm equipment, electric bike while impaired.
- Cannabis used in any form has been associated with significantly increased risk of fatal crash involvement.

The presenter also shared the following resource with the students:

Kids Help Phone is Canada’s only 24/7 e-mental health service offering free, multilingual and confidential support to help all young people Feel Out Loud.

Call **1-800-668-6868** or text **686868**.

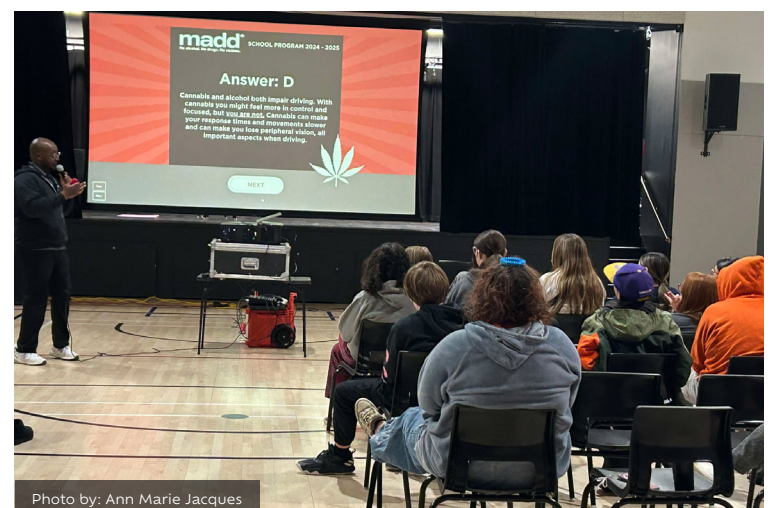


Photo by: Ann Marie Jacques

Chief's Corner



Photo by: Franky Photography

It's no secret that Listuguj has been affected by the drug crisis that is impacting communities all over the country. Please know, we are not taking this epidemic lightly, and we have been actively working alongside the Listuguj Police Department, LMG directorates and departments, and the Listuguj Wellness Renewal Initiative to support community members who are struggling with substance abuse and addictions, and for those who are concerned for the general wellbeing of Listuguj. Leadership composed a message to the community on what areas and actions are being worked on for improvement. This message can be found pinned to the top of the Listuguj Mi'gmaq Government's Facebook page, and at www.listuguj.ca.

PER CAPITA DISTRIBUTION Have you recently turned 18 years of age?

By LMG Economic Development

Have you recently turned 18 years of age?

The Listuguj Mi'gmaq Government wishes to inform Listuguj youth who turn 18 years of age to make an application for their land claim Per Capita Distribution. Listuguj youth who have turned 18, have up to 5 years following their 18th birthday to make their application. Failure to come forward by the 5-year deadline will result in the monies being forfeited.

For example:

If you turned 18 on May 6, 2019, you have until May 5, 2024, to apply.

If you turned 18 on January 6, 2024, you have until January 5, 2029, to apply.

Note: Your name must appear on the qualifying band membership list made on April 29, 2015.

Contact Tim Dedam by email at tim.dedam@listuguj.ca or by phone at **418-788-2136** to make your application or confirm if your name appears on the qualifying band membership list made on April 29, 2015.

You can also visit www.listuguj.ca/forms/ to download the application and instructions.

See below for the quarterly payment schedule. If your completed application is not received before each deadline date, it will be paid in the next scheduled quarter.



January 1, 2024 to March 31, 2024 = **Payment in April 2024**

April 1, 2024 to June 30, 2024 = **Payment in July 2024**

July 1, 2024 to September 30, 2024 = **Payment in October 2024**

October 1, 2024 to December 31, 2024 = **Payment in January 2025**



February – apignajit/apiknajit

Pronunciation Guide: a·bi·gê·na·jit

Family – ugjigsu'g

Pronunciation Guide: uk·chig·suuk

Like/Love – gesalati

Pronunciation Guide: ge·sa·la·dêl

Ice Skate – na'goqom

Pronunciation Guide: naa·go·hgom

Embrace/Hug/Squeeze – wejamoqsualati

Pronunciation Guide: we·ja·mohk·su·a·la·dêl

Freeze/Frozen – geljit

Pronunciation Guide: gel·chit

Healthy – jajige'g

Pronunciation Guide: ja·ji·geeg

Friends – oqote'tut

Pronunciation Guide: o·hgo·dee·dut

Nice Winter – welipug

Pronunciation Guide: we·li·buk

Speak Mi'gmaq/Indigenous Language – nnui'sit

Pronunciation Guide: ên·nu·ii·sit

All words have been obtained using the Mi'gmaq-Mi'kmaq Online Dictionary.

www.mikmaqonline.org

MAWO'LTIJIG MIJUAJI'G CHILD CARE CENTRE PROVIDING EXCEPTIONAL CHILD CARE FOR THE COMMUNITY SINCE 1991

By Ann Marie Jacques

Mawo'ltijig Mijjuaji'g Child Care Centre is a staple in the community of Listuguj since its formation in 1991. It is located at 8 Pacific Drive, with roughly 70 children enrolled, from three months up to five years in age. The outstanding staff provide the children with care, education and cultural teachings. Amber MacDonald is the Co-Director of Education, Jennifer Crispe (Duguay) is the Co-Director of Administration, along with a number of long-time employees, like, Carolyn Metallic, Caroline "Curly" Clement and Robin Mitchell, several other employees, and a Board of Directors. There are also a variety of specialized workers who visit the Centre regularly to evaluate and work with the children, such as an occupational therapist, speech and language pathologist, dental hygienist, therapeutic services, and more.

The Centre is open Monday to Friday, from 7:30AM to 5:30PM, with six classrooms in total. Children receive a daily nutritious breakfast and lunch, as well as nap time, quiet time, and various hands-on learning activities like tabletop activities, free play, crafts, outdoor play, and much more. When it comes to the learning experience in the Centre, Crispe said, "The educators try to implement different areas within their classrooms, so their language and literacy, their music and movement, their math and science, their sensory, their art, so they're able to kind of tailor it to the needs of the children for the day." The staff work with the children to provide them with important skills and a sense of routine and structure. MacDonald said, "We're very good at implementing life skills and hygiene routines such as toileting and handwashing, and also self resiliency, self esteem and independence through dressing routines, mealtimes and cleaning up." A sensory room is currently in the works to support children's individual sensory needs. These types of rooms benefit children who may be diagnosed with Autism Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD), or for children who are experiencing sensory overload.

Mawo'ltijig Mijjuaji'g Child Care Centre is unique when it comes to its curriculum execution and teaching plans. A Pedagogical Advisor was introduced in the Centre, which is a first for early learning centres in the province of Quebec. MacDonald said, "I piloted our Pedagogical Advisor Project to which we were paid a compliment from the First Nation of Quebec and Labrador Health and Social Service Commission that we were a model community for other First Nations communities across the province." All educators follow an in-depth curriculum to ensure children are on the right track to reach all their developmental and educational milestones. Crispe was the Pedagogical Advisor in the Centre and has just recently taken on the role of Co-Director of Administration. She will continue to work on pedagogical approaches due to the project's success.

For every classroom, two out of the three educators are certified in Early Childhood Education. The staff are always encouraged and motivated to enhance their education when it comes to childcare. The Centre works closely with the Listuguj Mi'gmaq Development Centre (LMDC) and sponsors students through their Step-by-Step program. Individuals must undergo vulnerable sector checks prior to being employed at the Centre. The staff also become certified in standard First Aid and CPR.

Mi'gmaw and cultural teachings are very important when it comes to the children. The children are taught months, colours, animals and more in Mi'gmaw on a regular basis by Carolyn Metallic and are encouraged to speak Mi'gmaw and embrace their culture. Vice President of the Board of Directors, Julianne Wysote said, "This instills that identity in them at a young age." Community members are often invited into the classrooms to share their knowledge and teachings with the children. A new playground is currently in the works, and the goal for this upgrade is to offer outdoor education with a First Nations themed playground.

Mawo'ltijig Mijjuaji'g Child Care Centre has a bright and warm atmosphere, and it's very clear the staff work hard for the well-being and care of the children in the community. Crispe said, "I've been in and out of different day cares in various communities, big and small, so the thing about working in a small community is just that sense of family dynamic. It's such a tight knit community and you just feel so much love." They thrive on seeing the children's accomplishments over the years, seeing them reach milestones, and achievements. Metallic said, "I come in, and whatever goes on outside of the daycare, I don't know, because my heart is here."

If you are interested in enrolling your child in Mawo'ltijig Mijjuaji'g Child Care Centre or would like information, please contact **(418) 788-2553** or email mawodaycare@gmail.ca. Please note, parents can expect to be placed on a wait list for a spot at the Centre.

Wela'lioq to the staff for their tremendous work on taking care of Listuguj's children.



Photos by: Third Party

ALL THINGS WELLNESS INTRODUCING THE LWRI FACEBOOK PAGE!

By Ann Marie Jacques

Did you know the Listuguj Wellness Renewal Initiative (LWRI) now has its own Facebook page?

The LWRI is a community-driven effort dedicated to supporting healing, wellness, and renewal in the community. Their goal is to address substance misuse and related challenges by working together to build a healthier, stronger Listuguj.

On their Facebook page, you can find:

- Resources for wellness, recovery, and support
- Updates on LWRI community events
- Stories of hope and resilience
- A safe space for connection and encouragement

Search Listuguj Wellness Renewal Initiative on Facebook and follow them today!



LISTUGUJ WELLNESS
RENEWAL INITIATIVE



Natural Resources Directorate

February, 5th, 2025



Listuguj Awarded at the APC Fisheries Conference

The Atlantic Policy Congress recognized the exceptional achievements of Mi'gmaq, Wolastoqiyik and Passamaquoddy individuals and organizations working to consolidate various aspects of the fisheries industry for their communities.

The APC's annual conference, held in Moncton from January 28 to 30, honored Rachel Barnaby with the "Fleet Manager of the Year" award, while James Metallic-Sloan received a graduate certificate in Commercial Fishing Enterprise Management after extensive training completed

Approximately 100 participants from different communities attended the ceremony, where awards were presented in multiple categories, including Captain of the Year, Crew of the Year, Women in Fisheries, and Excellence in Aquaculture. In the previous year, staff from the Listuguj Natural Resources Directorate received awards in some of these categories.

"I would like to thank the NRD for nominating me for Fleet Manager of the Year and the APC for presenting me with the award. It is an honor to be recognized for the hard work and dedication my position entails," said Rachel Barnaby, who joined the NRD in February 2023. "Receiving this award means so much to me as it acknowledges the achievements of the NRD team, the captains, crews, and all the fishers involved. Without their involvement, this would not have been possible. This award is a milestone

in my career and motivates me to continue striving for the future of Listuguj fisheries," she concluded.

James Metallic-Sloan also received his graduation certificate for the "Commercial Fisheries Enterprise Management" from the Nova Scotia Community College at the ceremony, expressing gratitude to the Atlantic Policy Congress for the training and resources that enabled him to attend. "Through modules focusing on general business management, financial management, operational management, and fisheries business development, I was able to continue developing skills related to commercial fisheries management. It was also beneficial to network and problem-solve with coordinators and managers from other communities facing similar issues," he stated. "I hope that through this training, I can continue to better serve Listuguj in managing our resources," he added.

Since the launching of commercial fisheries, 25 years ago, Listuguj has evolved and now inspires other communities with its determination to regain jurisdiction over the waters and the excellence of the NRD staff in fisheries operations. "Over the years, Listuguj's innovation, strength, and leadership have been recognized at the APC Fisheries Conference," said Denny Isaac, NRD's Associate Director. "We are proud of James and Rachel's work, as well as all the people involved in fisheries activities who continuously elevate the standards in our fisheries operations. Listuguj should feel inspired and grateful for the dedication shown by Rachel and James."



Listuguj
MI'GMAQ GOVERNMENT

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WE ARE NOW HIRING

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www.listuguj.ca/jobs/



LISTUGUJ POLICE DEPARTMENT



SHARE AN ANONYMOUS TIP!

Drug and Crime Tip Line

ALL CALLS, TEXTS OR EMAILS WILL REMAIN ANONYMOUS!

Call or Text: 506-987-3654

E-mail: lpd.tips@listuguj.ca



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For community inquiries contact: feedback@listuguj.ca