



Community Events
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Nujignua'tegeg

From the LMG



We are half way through the summer months and we hope that everyone is enjoying themselves.

“Throughout the past few weeks it is good to see the positive feedback and the interest in the Nujignua'tegeg,” said Communications Officer Mike Isaac.

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23rd Annual Pow Wow

There are tons of headaches when organizing something as big as the Pow Wow.

There's food and water to find, dancers and drummers to register and coordinate, vendors to verify and ensure have taken their safety course, and many many volunteers to find for important jobs.

But it's all worth it for Lita Isaac and Marilyn Jacques – two coordinators who have been helping since the very first Pow Wow, 23 years ago.

The goal is simple – make people feel safe and welcomed.

Jacques and Isaac hope everyone will leave with something, whether a gift or just a positive experience.

“Even a free coffee makes you feel good,” said Isaac.

They can both talk at length about plans to make people feel welcome and appreciated.

From children to elders, to dancers and strangers – no one is forgotten.

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The 22nd annual Listuguj Pow Wow last year. (CREDIT: Listuguj Mi'gmaq Government)

PROFILE

Cheyenne Isaac



“I feel that the old style shouldn't go unrecognised, because it's still just as beautiful.”

Read about Cheyenne's experiences growing up around Pow Wows, the differences between “old style” and “contemporary,” and learn the story behind the prayer dance.



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Craig Isaac



“A few beats in to the song – you forget about all that, and you're just having fun.”

Read about Craig going from a nervous 20 years-old, to dancing alongside idols. Now he's only excited, as he and his daughter travel with their “Pow Wow family” every year.



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EVENTS

Wellness Fair

The Wellness Fair started the year after the Pow Wow, and it's now held the Friday of Pow Wow weekends. This is its 22nd year in a row.

150 people estimated to attend – that's the amount of shirts they buy. And they know it's growing.

It all starts with a march from subway to the tent, where there are presentations, and then kiosks from various local organizations open up.

“We have a vast amount of resources in our community,” said Sheila Swasson. “And this is their opportunity to showcase what they do.”

The fair is hosted by Haven House, which has a mandate that includes creating awareness for family violence prevention.

The keynote speaker is Tuma Young, from Cape Breton University.

“I think he's focusing on technology, and the impact that it's

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23rd Annual Pow Wow (cont'd)

“Friday night is for the elders,” said Isaac. “Saturday night is for the dancers and the drummers.”

It all starts with a sacred fire Thursday morning. Friday is the Wellness Fair, and there’s music that night.

Saturday starts with a big breakfast under the tent, before Grand Entry at noon. The dancing and drumming continues that night, after a traditional feast.

Sunday morning everything is cooked, so that campers waking up late still have something to eat.

For Isaac and Jacques it’s auto-

matic to help make the Pow Wow happen.

“I just call it my medicine,” said Jacques.

“I wouldn’t want to be anywhere else,” said Isaac. “In fact, there’s times when I forget to go home.”

Seeing anyone happy and comfortable is reward enough for the organizers. But it’s extra satisfying when they see kids involved. They’re drawn to it, they say. They’re guaranteed to be around, especially when the tent arrives.

“They’re feeling part of this,” said Isaac, proudly.



Lita Isaac and Marilyn Jacques at the Arts and Culture Center on July 17. (PHOTO: ADAM HODNETT)



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Wellness Fair (cont'd)

having on culture,” said Swasson.

Dominique Loyer, a Naturopath originally from Listuguj will be presenting. Families First and the Anti-Racism Strategy will also be giving presentations.

Swasson feels the fair is appropriately named – it’s all aimed at “wellness.”

“Every aspect of it,” Swasson

said. “And it’s a personal thing ... I always think of it [as] a journey.

It’s not a destination, so it’s something that you’re continually working at, and we’re all at different places along that way.”

Swasson hopes people will find something to improve their wellness, in any way.

“Take what you need, if you don’t need it – leave it behind.”

From the LMG (cont'd)

The flow of communication is increasing which is slowly increasing the level of transparency between the community and the LMG – a major goal of Chief and Council.

Like the rest of the community, we’re looking forward to the Pow Wow. We would like to welcome visitors – new and old – to our community during this great time of year.

We hope to see you again.

Community Events



St Annes Day JULY 26

The St. Annes Day Celebration will be held outside the Education Directorate



Lunch and Learn JULY 25

At the Elder's Lodge from 11 a.m. to 1 p.m. Contact Community Healthy Services



Wellness Fair JULY 31

March starts at 8 a.m. from Subway to Moffat's landing.

Community Listings

Food Handling

Safety course on July 30. All vendors selling food at the Pow Wow need to have this course.

Contact the medical center and leave your name.

(418) 788-2155

Closed

The LMG will be closed on St. Anne's Day. It is designated a holiday by Chief and Council.

Date: July 26

US Banks

US banks have been requesting information when cashing PCD payments. The “purchaser” is the Listuguj Mi'gmaq Government. The address is 17 Riverside West, Listuguj, Quebec, G0C 2R0.

Jennifer Wysote
(418) 788-2136
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Jobs

Five jobs are now posted on the LMG's website. They include: “Teacher (Mi'gmaq Core Language),” “AV Cell Janitor,” “NNADAP Social Worker,” “Chipping Plant Operator,” and “Casual Teacher Assistant.”

listuguj.ca/jobs

EDITOR'S NOTE:

As we put together the 4th issue of this newsletter we have surpassed 70 likes on Facebook.

Thank you!

We want to keep it rolling.

From the start, this biweekly newsletter has hoped to lead you to our online content. We want

to increase our videos, and post more photo galleries.

We may be small, but we still want to cover the things that interest you.

Curious about something? Know someone who has a great story to tell?

Let us know.



news@listuguj.ca

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